



# KAIROS: School of Spiritual Formation

## APPLICATION FOR SPIRITUAL GUIDANCE TRAINING PROGRAM

I am applying to (circle one): Carlisle Class    Jesuit Center Class    Telford Class

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone:(h) \_\_\_\_\_ (w) \_\_\_\_\_ (c) \_\_\_\_\_

Email: \_\_\_\_\_ Fax: \_\_\_\_\_

Denominational Affiliation: \_\_\_\_\_

**Please ask the following persons** to write a brief letter of recommendation for you and send it to the KAIROS office:

- Spiritual Director
- Pastor, denominational overseer, or another significant spiritual relationship

**Write a 1-2 page essay** including the following:

- Prayer and discernment around your desire for Spiritual Guidance Training.
- Experience of receiving spiritual direction or being in a spiritual friendship relationship with another person.
- Your training and experience in ministry including background in theology, psychology, and communication.
- Exposure to readings and/or study in spiritual formation. Please include bibliography of formative books you have read.

**Please return application and essay with a \$50 non-refundable application fee to:**

**KAIROS: School of Spiritual Formation  
2160 Lincoln Hwy East #13, Lancaster PA 17602-1150**

**Applications due July 31.**

All financial aid scholarship applications due July 15.



## Spiritual Guidance Training for Clergy and Congregational Leaders September 2011-May 2012

Kairos envisions people transformed by God's love into the mind and heart of Christ for their sake and for the sake of the world.

Clergy, pastors and congregational leaders are called to guide the souls of the persons and congregations whom they serve. This introduction to the art and practice of spiritual companionship (spiritual direction) provides essential understandings and skills for this ministry of guidance.

This interactive training will meet monthly on Tuesdays, and will include readings, short assignments, and a commitment to attendance of and participation in all sessions.

### **Themes include:**

- Introduction to Spiritual Guidance
- Understanding Christian Spiritual Formation in the Congregation
- Attending to the God-Person Relationship
- How Family Systems Affects Our Ministries (Jesuit Center class)
- Contemplative Living Groups in the Congregation
- Spiritual Discernment in Congregational Life
- Spiritual Formation and Dark Night Experiences
- Spiritual Formation of Pastor (Observing Sabbath Time)
- Reflections on Spiritual Formation: Personal, Professional and Congregational

### **Each day includes opportunity to:**

1. Deepen one's own prayer and journey with God,
2. Reflect on themes connected to spiritual guidance,
3. Develop skills of spiritual companionship and direction,
4. Reflect on implications for ministry in various settings,
5. Observe and participate in giving and receiving guidance within the group.

### ***Jesuit Center Class 501 North Church Road, Wernersville, PA 19565***

Sessions will be held monthly on the following Tuesdays from 9:00 am to 4:00 pm

#### **Class Dates**

September 13, 2011	December 6, 2011	March 6, 2012
October 4, 2011	January 10, 2012	April 3, 2012
November 8, 2011	February 7, 2012	May 8, 2012

#### **Faculty**

**Sharon Kraybill** is a retreat leader and spiritual director from Lancaster, PA. She has a BA in English from Eastern Mennonite University and a M.Div. from Palmer Seminary. She has taught in Ethiopia, at Eastern Mennonite University, at Palmer Seminary and is currently an instructor of pastoral care with Lancaster Mennonite Conference's pastoral training program. She attends East Chestnut Street Mennonite Church and enjoys poetry and canoeing. She is married to Herb.

**Linford King** is a trained spiritual director. He graduated from Lancaster Mennonite High School, Eastern University, Millersville University (M.A. in Guidance), Associated Mennonite Biblical Seminary (M.Div.), and Palmer Seminary (D.Min in Marriage and Family). Linford served as pastor in the Atlantic Coast Conference of Mennonite Church USA for twenty years. He served as Bishop in Lancaster Mennonite Conference for seven years. He loves sports, reading, and being with his family. He is married to Mary Etta.

## **Telford Class** 1900 Twin Lows Rd., Green Lane, PA 18054 - Telford, PA Area

Sessions will be held monthly on the following Thursdays from 9:00 am to 4:00 pm

### Class Dates

September 8, 2011	December 8, 2011	March 8, 2012
October 13, 2011	January 12, 2012	April 12, 2012
November 10, 2011	February 9, 2012	May 9-10, 2012 Retreat

### Faculty

**Sandy Drescher-Lehman** is Pastor of Worship and Congregational Care at Souderton Mennonite Church, Souderton, PA. She is an author and retreat leader. Sandy graduated from Union Theological Seminary with an M.A. in Christian Education. Her life mission is to connect others to the immense unconditional love of God. She loves a good laugh, baking bread, walking, reading, and spending time with friends. She is married to John Drescher-Lehman. They live at the address above at Fernrock Retreat Center.

**John Drescher-Lehman** is a retreat leader and spiritual director. He graduated from Virginia Commonwealth University with a B.S. in Rehab Counseling, Minor in Psychology, and Minor in Photography in 1985 and in 1995 with a Master of Social Work. He currently has a private practice in Counseling and Consulting. John is both fascinated and energized by working with individuals and groups from a strengths perspective. He is reenergized by photography, bicycling, camping, traveling, gardening, and good conversations with persons of depth and humor. John and Sandy have 2 young adult children, Maria and Jonathan.

## **Carlisle Class** Pheasant Field Bed and Breakfast, 150 Hickorytown Road, Carlisle, PA 17013

Sessions will be held monthly on the following Thursdays from 9:00am - 4:00pm

### Class Dates

September 8, 2011	December 1, 2011	March 1, 2012
September 29, 2011	January 5, 2012	March 29, 2012
November 3, 2011	February 2, 2012	May 3, 2012

### Faculty

**Deb Bensing** cares deeply about the physical, emotional and spiritual well-being of the people she serves. She earned her MA in Holistic Spirituality/Spiritual Direction from Chestnut Hill College and has lived and ministered in New York City, Jerusalem, Kenya, Romania and Zambia. She is a retreat leader, spiritual director, and mentor for students at Messiah College. She is married to Terry, has three children, and enjoys reading, gardening and sewing. She and Terry currently work for Brethren In Christ traveling and encouraging leaders all over the world.

**Terry Bensing**, a longtime Old Testament professor and pastor, brings a wealth of training and experience to this course. He earned an M.Div degree from Asbury Theological Seminary and a Ph.D. at Drew University. Terry graduated from Kairos in Spiritual Direction Training. He and Deb work for the Brethren In Christ denomination traveling and encouraging leaders all over the world. He and Deb have three children.

**Eldon Fry**, D. Min. in Pastoral Counseling; certificate in spiritual direction from Kairos: School of Formation; pastor and chaplain for over forty years, has a heart for pastors and their well-being. He is currently College Chaplain at Messiah College. He was previously College Pastor and Dean of the Chapel at Bethel University in Minnesota. He and his pastoral team have developed a model of Christian Spiritual Formation for Messiah College. He teaches Spiritual Formation in the Counseling grad program at Messiah College and is deeply committed to spiritual formation and reconciliation. Eldon is married to Ginger. Together they have two married children and six grandchildren.

**Costs** are based on nine monthly sessions. No refunds will be given for any missed sessions.

Non-refundable application fee:	\$50.00	Due July 31, 2011
Tuition and meals:	\$1,000.00	Due September 2011 and January 2012
<b>Total Cost</b>	<b>\$1,050.00</b>	unless other arrangement is made

**Scholarships / Grants:** A limited number of scholarships are available. We do not want the cost of this program to discourage anyone who is drawn to apply. Please contact Mary Etta King, Executive Director, for scholarship information. Scholarship applications are due July 15.

**Please return the application form with a \$50 non-refundable application fee to:** *KAIROS: School of Spiritual Formation, 2160 Lincoln Hwy East #13, Lancaster PA 17602-1150*

**Applications due July 31**