

A Student's Experience

As a pastor, I am always looking for ways to nurture my own soul and prayer life, as well as continuing to learn new ways to be a more affective spiritual leader.

The monthly all day class with other pastors at Kairos has been just the right combination.

The required reading and instruction has been stimulating, and the set aside day away from the church has provided nurturing space for prayer and reflection with other pastors.

- Kairos student

Spiritual Guidance Faculty

Sharon Kraybill is a retreat leader and spiritual director from Lancaster, PA. She has a BA in English from Eastern Mennonite University and an M.Div. from Palmer Seminary. She has taught in Ethiopia, at Eastern Mennonite University, at Palmer Seminary and is currently an instructor of pastoral care with Lancaster Mennonite Conference's pastoral training program. She attends East Chestnut Street Mennonite Church and enjoys poetry and canoeing.

Linford King is a trained spiritual director. He graduated from Lancaster Mennonite High School, Eastern University, Millersville University (M.A. in Guidance), Associated Mennonite Biblical Seminary (M.Div.), and Palmer Seminary (D.Min in Marriage and Family). Linford served as pastor in the Atlantic Coast Conference of Mennonite Church USA for twenty years. He served as Bishop in Lancaster Mennonite Conference for seven years. He loves sports, reading, and being with his family.

Texts for 2011-2012

Bieber, Nancy. *Decision Making & Spiritual Discernment*. Skylight Paths Publishing, 2010.

Capps, Donald. *The Poet's Gift*.

D'Arcy, Paula & Richard Rohr O.F.M., *A Spirituality for the Two Halves of Life* (CD set).

Haley, Barton, Ruth. *Strengthening the Soul of Your Leadership*, IVP Books, 2008.

O'Donohue, John. *To Bless the Space Between Us: A Book of Blessings*.

Richardson, Ronald W. *Becoming a Healthier Pastor*. Fortress Press, 2005.

Ruth Nelson, Dawn. *A Mennonite Woman: Exploring Spiritual Life and Identity*. Cascadia Publishing, 2010.

For more information on this class and to get an application contact:

Kairos: School of Spiritual Formation
2160 Lincoln Hwy. East #13
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717.669.2957

Information and application also online at <www.on-the-journey.org>



Revised:6/27/2011

Spiritual Guidance Training

Jesuit Center, Wernersville, PA

2011-2012

An interactive one-year program for clergy, pastors and congregational leaders



Kairos: School of Spiritual Formation

Congregational leaders guide the souls of the people they serve. This introduction to spiritual companionship provides essential understandings and skills for this ministry.

What happens each month

In the Introduction to Spiritual Guidance s, pastors and church leaders take time for personal reflection and spiritual growth.

They are encouraged to maintain an essential balance between self-care, family, ministry and time with God.

The training provides opportunity for leaders to enhance their ministry of spiritual formation and spiritual guidance in the congregation through the study of literature, experience of spiritual guidance, and presentation of case studies each month.

The classes meet monthly on Tuesdays from September to May from 9:00am to 3:30 pm.

Schedule for each class

9:00	Gathering, Prayer, book discussion & topic of the month
10:30	Personal time and Silence
11:30	Reflection & Spiritual Direction
12:30	Lunch
1:30	Group Spiritual Direction Ministry Experiences
3:00	Gathering the Graces (Personal & Professional Reflections on the Experiences of this Day)
3:30	Adjournment

Kairos envisions people transformed by God's love into the mind and heart of Christ for their sake and for the sake of the world!

Themes 2011-12

Sep. 13 , 2011

Intro to Spiritual Guidance: Focus, History and Theology

Oct. 4, 2011

Understanding Christian Spiritual Formation in the Congregation

Nov. 8 , 2011

Attending to the God-Person Relationship

Dec. 6, 2011

How Family Systems Affects Our Ministries

Jan. 10, 2012

How Family Systems Affects Our Ministries

Feb. 7, 2012

Spiritual Discernment in Congregational Life

Mar. 6 , 2012

Spiritual Formation and Dark Night Experiences

Apr. 3, 2012

Spiritual Formation of Pastor (Observing Sabbath Time)

May 8, 2012

Reflections on spiritual formation: personal, professional and congregational

Class Location: Jesuit Center, 501 N. Church Road, Wernersville, PA 19565

A Student's Experience

The Kairos class on Spiritual Guidance in the Congregation has been a true blessing and benefit to me in two primary ways.

First, in the area of my own formation as a ministering person, it has brought new awareness of God's presence in the midst of all of life, and the practices learned have deepened my ability to be aware of and pay attention to God in new ways.

Secondly, learning to use spiritual guidance as a metaphor for my pastoral work in the congregation has opened new avenues and ways of ministering to persons in the realm of their own spiritual growth, and has lowered my own anxiety over the level of responsibility I carry for their journeys, enabling me to trust God's work in their lives to a greater degree.

-Kairos student