

Course Description

Spiritual directors will learn how to guide directees through the Spiritual Exercises of Ignatius of Loyola using the Retreat in Everyday Life (19th Annotation) format.

Classes will consist of didactic overview and individualized supervision of each student.

Faculty

Barry Young, MA, is a graduate of Chestnut Hill College in Holistic Spirituality and Spiritual Direction and the Shalem Institute. He is also a graduate of the Jesuit Center's training program for spiritual direction in the Ignatian Tradition. He has years of experience teaching the Spiritual Exercises, working as a spiritual director and as a graduate professor at Chestnut Hill College.

Peg Cromer Greiner, MA, MNSc, RN, also a graduate of Chestnut Hill, is a spiritual director and is experienced in giving the Spiritual Exercises. She is also an RN and adjunct nursing professor. Peg will assist in leading the class.

*"If you are seeking after
God, you may be sure
of this: God is seeking
you much more."*

- John of the Cross



Kairos: School of
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Ignatian Retreat in Everyday Life

Aug. 2011 – May 2012

Training in "The Exercises of Ignatius of
Loyola" for Spiritual Directors



Kairos: School of Spiritual
Formation

Class Schedule

Orientation will be
August 21, 2011
9 am – 5 pm

Classes held 9:30 am – 12:30 pm:

- September 9, 2011
- September 23, 2011
- September 30, 2011
- October 14, 2011
- November 4, 2011
- December 2, 2011
- January 6, 2012
- February 3, 2012
- March 2, 2012
- March 30, 2012
- May 4, 2012
- May 18, 2012 (Tentative)

All sessions are held at the quiet and beautiful campus of the Jesuit Spiritual Center in Wernersville, PA, just outside of Reading. This retreat center includes classrooms, a chapel, private rooms and 260 acres of rolling hills and woods for strolling, reflection, and prayer.

Prerequisites

Basic knowledge of Scripture & theology

Demonstration of an understanding and practice of the spiritual life

Training in spiritual direction with practice for 2-3 years overseeing three or more directees

Written recommendation from spiritual direction supervisor or peer supervisor

Full completion of the Ignatian Spiritual Exercises with written recommendation from the director giving the Exercises

Interview with Instructors and Kairos faculty member

Evidence of holistic maturity, inclusive of spiritual maturity and life experience.

One directee ready to take the Spiritual Exercises

For More Information

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Expectations

- Participation and attendance
- Preparation for class, including written work (deadlines, quality, format, writing guides) is required for course completion
- Direction of one person through The Spiritual Exercises, requiring a weekly meeting with that directee after the course begins
- Openness to the Spirit along with the ability to recognize, respond to, and articulate religious experience and spiritual movement

Program Cost

Cost for year-long program is \$1,550.

Kairos Spiritual Direction Alumni will receive a discount at \$1,350.