



Kairos: School of Spiritual Formation

Affirmation of Faith

We welcome a diverse group of staff, students, and resource persons. Kairos is a Christian program rooted in contemplative prayer. We are being shaped by an encounter with Jesus Christ, who reveals a God of awesome compassion and forgiveness. We have seen Jesus pay a price to love his enemies, and are answering his call to take up our cross and walk in his way. The Team, committed Christians and followers of Jesus, endeavor to live out the good news of God's love, guided by the Holy Spirit. All of us have been profoundly transformed by an experience of God's love!

As our brochure indicates, Kairos provides a place and setting to facilitate a deepening of one's journey with God. Our purpose states that we exist to:

- Bring people together who desire to grow in their relationship with God, themselves, and others.
- Offer assistance in exploring the riches of prayer and the contemplative life.
- Invite participation in Christian spiritual practices that deepen faith and increase attentiveness to God.
- Provide a program in which participants explore their own spiritual roots, weed out the things that inhibit, and claim the essentials for a deeper relationship with God.
- Help individuals be open to God's continuing call, releasing their gifts into the body of Christ and the world around them.

Because we are a diverse group, we expect that theological differences may arise. Theological differences shall be acknowledged in a prayerful, reflective manner. Kairos respects the beliefs and convictions of all those who participate in the school, across the Christian spectrum. When there are doctrinal issues, we suggest that the local congregation is the place where those issues are addressed.

We offer diverse readings throughout the year. We invite our students to wrestle with the readings. We expect that they may not agree with everything. None of us do. We encourage students to think, pray, and pay attention to the movement of God in your life as a result of their interaction with the assigned readings.

We invite participants to do the following: listen to the various presentations with prayerful attentiveness; enter the silence with receptive spirits; expect to encounter and experience God more deeply, more powerfully; expect to experience falling in love or deepening that love, AND the experience of being deeply loved by God. We affirm that their time with Kairos WILL affect their heart!

We attempt to do everything at Kairos prayerfully, yet we are playful and joyful . . . and, we say "YES" to God's time!