Kairos:: School of Spiritual Formation Program Overview Chart

Spiritual Formation Programs
Meet monthly Sept. - May
On Weekends

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Year One: Drawing Near to God

Year Two: Prayer & Contemplative Life

Year Three: Putting on the Mind of Christ

Year Four: Wholly Listening, Wholly Present

Summer Retreats → **Enneagram Retreat**
1-day retreat

Silent Retreat
5-day retreat

Weekday & Other Weekend Programs
Meet Monthly Sept. - May

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Spiritual Direction
(Weekdays)

Spiritual Direction
(Weekends)

Spiritual Guidance Training Class Locations:
Carlisle, Telford, Wernersville

Retreat in Everyday Life
Full day & half-day sessions

Supervision

Weekend Retreats
Weekend events

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Weekend Retreat with Year One

Silent Retreat
Spiritual director optional

Contemplative Healing Retreat

Visualizing Your Spiritual Journey Retreats

Men's Retreat

Day Retreats
One-day events

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Kairos Times Retreats
Attend one or several
(Saturdays)

A Day Apart Retreat
Attend one or several

Kairos on the Road
Classes held where your group chooses

Centering Prayer
Group Spiritual Guidance
Resourcing Congregations for Spirituality

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