



Kairos: School of Spiritual Formation

“A RETREAT IN EVERYDAY LIFE”

CLASS SYLLABUS

2008 - 2009

(Please bring all texts to class)

COURSE DESCRIPTION

Having experienced the 30 day retreat or the Retreat in Everyday Life (19 Annotation), the student will learn how to give the Retreat In Everyday Life according to The Spiritual Exercises of Ignatius of Loyola.

August orientation class held from 9:00p.m.– 5:00 p.m. and all other classes from 9:30 a.m.–12:30 p.m. All classes will be held in the Antler Room at Jesuit Center for Spiritual Growth, Wernersville, PA

Texts:

Choosing Christ in the World, Joseph Tetlow

The Spiritual Exercises of St. Ignatius, Ganss

Spiritual Freedom, English

The Spiritual Exercises Reclaimed, Dyckman, Garvin, Liebert

The 19th Annotation in 24 weeks for the 21st Century, H. Cornell Bradley

Expectations of the student:

Attendance required – be clear and specific

Participation and how it will contribute to your successful course completion

Written work (meeting deadlines, quality, format, writing guides) required for course completion

Class outline

Faculty may be contacted at the following:

Barry Young, BSc, MA

1429 Calypso Ave.
Bethlehem, PA 18018-6639
(610) 865-2384
uruimi@verizon.net

Peg Cromer, MNsc, MA

3 Limerock Road
Lititz, PA 17543
(717) 627-2077
peglou@dejazzd.com

CLASS NO. 1 – August 22, 2008
9:00 a.m. – 5:00 p.m.
ORIENTATION / OVERVIEW

CLASS PREPARATION

- Purchase books for class, especially Tetlow
- Have one retreatant or permission for more than one retreatant
- Reading of assigned articles/text pages as sent to you prior to class
- Reflections of your own experience in the exercises: learning, highlights, difficulties, etc.

CLASS

- Orientation to the course:
 - Review of Goals, objectives, syllabus, requirements.
 - The Retreat Calendar (real and ideal retreat)
- Introduction to Tetlow, Choosing Christ, a handbook. Retreatant copies.
- Overview of the Spiritual Exercises.
- Theology of the Spiritual Exercises.
- A handout, “The One Who Gives The Exercises”, Brian Grogan

CLASS NO. 2 – September 5, 2008
9:30 a.m. – 12:30 p.m.
PREPARATION / PRINCIPLE AND FOUNDATION / ROLE OF DIRECTOR

CLASS PREPARATION

- Read and prepare for discussion : Tetlow, Choosing Christ - pp. 4-9, 12-24 and 118-131;
- Read and prepare for discussion: Ganss, The Spiritual Exercises of St. Ignatius, pp. 1 – 14, and 21 – 29.
- Read the Introduction the Spiritual Exercises: English, pp. 1-32;
- The Spiritual Exercises Reclaimed, Required: pp. 25 – 84, 113 - 149 (on Prayer), pp 3 – 24 optional.
- A handout, “The One Who Gives The Exercises”, Brian Grogan, an article from The Spiritual Way, ed Philip Sheldrake

CLASS

- Class supervision - where are each of you with your retreatant?
- Discuss the assigned readings.
- Discuss “preparation weeks”
- The Annotations Spiritual Exercises.
- Role of the Director
- Principle and Foundation
- Review of Tetlow

CLASS NO. 3 – September 19, 2008
FIRST WEEK/ PRINCIPLE AND FOUNDATION

CLASS PREPARATION

- Read and prepare to discuss; English: Discernment Weeks I – II, pp. 111-128 and 175 - 194
- Ganss: SE #23 The Principle and Foundation
- English: Spiritual Freedom, review 23 - 32, read 33 – 54
- The Spiritual Exercises Reclaimed, pp.247 – 260 The Rules for Discernment of Spirits
- Tetlow: “Director’s Notes,” pp. 246-252, “Discernment of Spirits” ;
- The Spiritual Exercises Reclaimed, pp. 85 - 109
- Tetlow: pp. 30 - 36, “First Week” with all the corresponding “Brief Notes”.

CLASS

- Class supervision
- Complete teachings from last class, i.e., The Annotations.
- Discuss Assigned Readings
- Review First Week from Tetlow, 30 - 36.

CLASS NO. 4 – October 3, 2008
FIRST WEEK

CLASS PREPARATION

- Read and prepare to discuss
 - English pp. 55 - 92. First Week
 - Tetlow, pp. 38 - 43.
 - Spiritual Exercises Reclaimed, pp. 153 – 180, Surrounded by Love, the First Week

CLASS

- Class supervision
- Discuss readings
- Discuss The First Week
- Review Tetlow - Give Michael Ivens article, The 18th Annotation and the early Directories

CLASS 5 – October 24, 2008
TRANSITION TO 2ND WEEK

CLASS PREPARATIONS

- Reread and prepare any questions you may have regarding Tetlow
- Read and prepare for discussion, “The Eighteenth Annotations and the Early Directories” Michael Ivens, S.J. The Way of Ignatius Loyola, ed. Shel Drake.
- The Spiritual Exercises Reclaimed, pp. 181 – 213, Who Do You Say I Am?
- The Spiritual Exercises Reclaimed, pp. 261 – 278, Week II of the Rules for Discernment

CLASS

- Class supervision
- Discuss the readings
- Special Attention to Tetlow’s description of the transition between Weeks 1 & 2.
- Evaluation of course. Readings, pace, process, etc.. Are you receiving what you need?

CLASS NO. 6 – November 14, 2008
SECOND WEEK

CLASS PREPERATION

- Read and prepare for discussion: English, pp. 93 – 110, 129 – 174, 195 - 215.
- Read Tetlow and be prepared with questions: pp. 42 - 50; 148, “The Kingdom”; 150, Contemplation; 153, contemplating the Kingdom.
- Prepare for next class :
A brief (one-half to one sheet, double spaced) conversation you had with your directee which would indicate their moving from week I to week II. If your directee is not at that place, prepare an exchange which would indicate that your directee is NOT ready you move to week II. Be concrete. Bring copies to class.

Questions to consider:

What was the directee’s attitude toward sinfulness?

What, exactly, was the directee’s experience of God?

In what ways were you as director moved?

CLASS

- Class Supervision
- Discuss reading assignments
- Discuss the Second Week
- Review Tetlow

CLASS NO. 7 – December 12, 2008
SECOND WEEK

CLASS PREPARATIONS

- Read and prepare to discuss Tetlow: pp. 52 - 79, (note pp. 78 - 79 additional scriptures), pp. 154 - 168
- Read and prepare: Reclaiming pp 279 – 304. The Election, Dancing toward the Light
- Ganss, SE 169 – 188.
- Prepare (as noted under November’s “CLASS PREPERATION”):
A brief (one-half to one sheet, double spaced) conversation you had with your directee which would indicate their moving from Week I to Week II. If your directee is not at that place, prepare an exchange which would indicate that your directee is NOT ready you move to week II. Be concrete. Bring copies to class.

Questions to consider:

What was the directee’s attitude toward sinfulness?

What, exactly, was the directee’s experience of God?

In what ways were you as director moved?

CLASS

- Class supervision
- Discuss your prepared “Transition/non-transition” statements.
- Discuss The Second Week, Tetlow

CLASS NO. 8 – January 9, 2009
FIRST CLASS AFTER CHRISTMAS
CHECK-IN / TRANSITION TO 3RD WEEK

CLASS PREPARATION

- Read and prepare for discussion: Tetlow, pp. 76, 77; 82 - 86.
- Read and prepare to discuss, The Spiritual Exercises Reclaimed, pp. 215 – 227, Discovering The Depth of Commitment
- Ganss, SE 190 – 209; 210 – 217 (Eating)
- Be prepared to report (verbally) where you are with your Retreatant – do you need help?

CLASS

- Class supervision
- Discuss readings
- Verbal report from each person indicating where their retreatant is in the exercises. Be specific about your observations.

CLASS NO. 9 – February 6, 2009
Third Week

CLASS PREPARATION

- Prepare a brief statement (one-half to one sheet, double spaced) made by your Retreatant which describes his/her experience of a growing intimacy and reciprocal friendship (Second Week). If the directee is not making the transition, report the statements made by the Retreatant which informs you of this.
 - Questions to consider.
 - What did you notice about God and/or the Retreatant?
 - What struggles are you observing, if any?
- Read and prepare for discussion Tetlow: pp. 88 - 97, The Third Week.
- Prepare any questions you may have regarding the “Third Week”.

CLASS

- Class supervision.
- Discuss readings.
 - Tetlow – The Third Week

CLASS NO. 10 – March 6, 2009
THIRD WEEK

CLASS PREPARATION

- Read and prepare for discussion English: pp. 217 - 228.
- Read and prepare any questions from Tetlow: pp. 101 moving into Week 4, 102 Conference before 4th Wk/1 [box]
- Handouts

CLASS

- Class supervision
- Discuss readings, esp. Third week material.

CLASS NO. 11 – April 3, 2009
TRANSITION TO FOURTH WEEK

CLASS PREPARATION

- Read and prepare for discussion Tetlow: pp. 104, 106, 108.
- The Spiritual Exercises Reclaimed, pp. 229 – 244, The Fourth Week, Mission and Maturity
- **Any extra reading**
- **INTEGRATION PAPER DUE MAY 1ST (NEXT CLASS)**

CLASS

- Class supervision
- Discussion of reading material

CLASS NO. 12 – May 1, 2009
FOURTH WK / CONTEMPLATION

CLASS PREPARATION

- **INTEGRATION PAPERS DUE**
- Read and prepare English: pp. 229 - 260.
- Ganss: SE 230 – 237 Contemplation to Attain Love
- Consider and questions regarding The Spiritual Exercises.

CLASS

- Class supervision
- Discuss 4th week

CLASS NO. 13 – May 29, 2009
CONTEMPLATION / CLOSURE

CLASS PREPARATION

- Read and prepare to discuss English: pp. 261 - 294.
- Read Tetlow: pp. 110, week 4/4; 112, week 4/5; and 172 Review of Contemplation.
- Consider any comments you wish to make regarding The Exercises, class, class material, etc.

CLASS

- Class supervision
- Discussion of English
- Tetlow
- Gathering the Graces - how did God change you during the retreat?
- What about the Exercises impressed you most over the last nine months
- Return of the Integration paper